

# Forest City Parks & Recreation Department

*The First Inaugural  
"Run for your Valentine"  
5K Skirt Chaser*



Packet Pick up 12:45-1:45PM

Same day registration 12:45-1:45PM

Pre Registration \$20

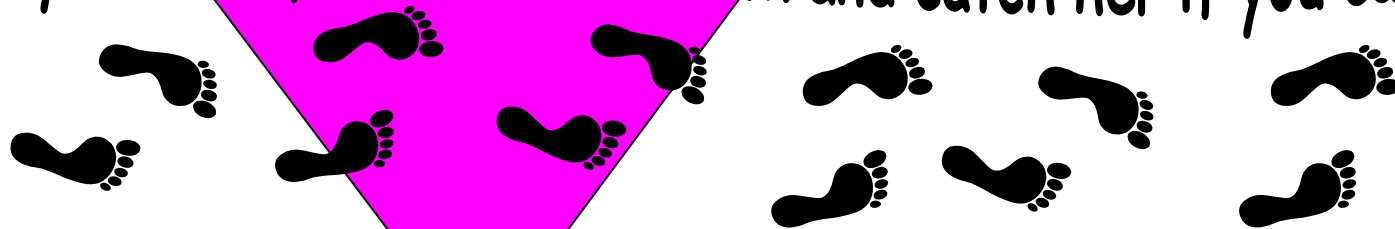
Race Day Registration \$25

First 150 registrants guaranteed long sleeve Technical Shirt

## "Run for your Valentine"

## 5K Skirt Chaser Race!!!

**Ladies, get a 3 minute headstart on the Guys!  
Guys, chase your valentine down and catch her if you can!**



Sunday, February 12th 2PM Start: McNair Field, Forest City NC

Sponsored by Forest City Parks & Recreation \* Presented by Fitness Solutions

Awards: Top 3 Male/Female and 5 year Age Divisions

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Age on date of race \_\_\_\_\_

Gender: please circle M F Shirt Size: Sm M Lg XL 2X (first 150 runners)

Make checks payable: Forest City Parks & Recreation

Mail to: Myra King 217 Clay St, Forest City NC 28043

I have read and fully understand the waiver

Signature: \_\_\_\_\_

Signature of Parent if under 18: \_\_\_\_\_

### Waiver

In consideration of acceptance of entry, I, myself, heirs and assigns hereby release sponsors, workers, volunteers, and officials of this race from all liability arising from illness or damages

that I may suffer as a result from participation in this event. I attest that I am physically fit and have sufficiently trained for this event and am aware that in some circumstances, soreness,

falls, and injuries may occur. I also give permission for free use of my name and pictures in any marketing of this event. I also understand the entry fee is non-refundable for any reason.